

ZEISS SMILE Post-Procedure Care Instructions

Your first postoperative appointment is scheduled on _____ at _____.

In case of an emergency, and if our office is closed, please don't hesitate to call the doctor at (646) 479-6366.

Day of Procedure

- Expect tearing, some irritation, and stinging of the eyes.

Thereafter

- Use UV sunglasses outdoors to protect against light sensitivity, wind, and dust. Ultraviolet filtering sunglasses are recommended thereafter to reduce the risk of long-term eye problems to which we are all susceptible.

Please shake medication before application and keep eyes closed for 5 min after application. To avoid washing out the previously applied drops, please wait at least 5-10 minutes before applying the next solution.

Instructions	<u>Pick Up Antibiotic Drops</u> Ciprofloxacin or Ofloxacin (1 drop per eye)	<u>Pick Up Anti-Inflammatory Drops</u> Lotemax SM or Prednisolone or Inveltys or FML or Durezol (1 drop per eye)
Day of Surgery	No need for antibiotics	2 times per day (Suggested times 6PM and 10PM)
1st Day After Surgery	4 times per day	4 times per day
2nd Day After Surgery	2 times per day	2 times per day
3rd Day After Surgery	2 times per day	2 times per day
4th Day After Surgery	2 times per day	2 times per day
5th Day After Surgery	2 times per day	2 times per day
6th Day After Surgery	No more medicated drops	No more medicated drops

Example:

Day of Surgery: Wednesday

Instructions	<u>Pick Up</u> <u>Antibiotic Drops</u> Ciprofloxacin or Ofloxacin (1 drop per eye)	<u>Pick Up</u> <u>Anti-Inflammatory Drops</u> Lotemax SM or Prednisolone or Inveltys or FML or Durezol (1 drop per eye)
Day of Surgery: Wed	No need for antibiotics	2 times per day (Suggested times 6PM and 10PM)
Thurs	4 times per day	4 times per day
Fri	2 times per day	2 times per day
Sat	2 times per day	2 times per day
Sun	2 times per day	2 times per day
Mon	2 times per day	2 times per day
Tue	No more medicated drops	No more medicated drops

Artificial Tears: (Systane / Refresh / BSS–clear bottle **(provided)**)

Use 1 drop per eye 4 times a day or as needed if you experience any dryness or irritation to keep your eyes well lubricated. You can buy more artificial tears at your local pharmacy. **You can also purchase artificial tears at Manhattan LASIK Center.** If you have any further questions regarding your post procedure instructions, please call us at (212)759-9617, 9:00am - 5:00pm.

Scan the QR code below using your mobile device to watch our **Explainer Video!**

